



MINAS SWEATER

*by Cecilia Lalanne
and Gabriella Calderini*



MANOS
DEL URUGUAY
— EST. 1968 —



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The Minas Sweater is a playful celebration of color, featuring an engaging colorwork design that captivates us with its rhythmic patterns and constant shifts. We crafted it using our latest yarn, “Ideal,” a 100% Polwarth wool yarn that is bred, spun, and hand-dyed locally in Uruguay. The sweater’s straightforward shape ensures that the vibrant and diverse palette of our new yarn takes center stage. We’re excited to see the unique versions you create!

Finished Measurements

Sizes 1 (2, 3, 4, 5, 6, 7, 8)

Bust circumference: 42.75 (46, 49.25, 54, 58, 62.75, 66, 69.25) / 108.5 (117, 125, 137, 147.5, 160, 167.5, 176) cm.

This garment has an oversized fit and is intended to be worn with about 8” / 20 cm of positive ease.

You can see the rest of the measurements in the measurement drawing at the end of the document.

Gauge

20 sts and 20 rows = 4” / 10 cm in color work pattern from chart using larger needles, after blocking.



Yarn and Quantities

Manos del Uruguay Ideal (100% polwarth wool), approx. 220 yds / 200 mts per 100 g.

Quantities

Color A (E21941 Lipstick or ED2110 Zinnia): 2 (2, 2, 2, 3, 3, 3, 3) skeins.

Color B (E2603 Love Potion or ED2293 Leo): 2 (2, 2, 2, 2, 2, 3, 3) skeins.

Color C (E2451 Ion or ED2305 Celadon): 2 (2, 2, 2, 2, 2, 3, 3) skeins.

Color D (E2477 Glacial Blue or ED2363 Tahiti): 1 (1, 1, 1, 1, 1, 2, 2) skeins.

Color E (E2059 Icarus or ED21591 Peach Blossom): 1 (1, 1, 1, 1, 1, 2, 2, 2) skeins.



Needles and Tools

- Circular knitting needle 32” to 40” / 80 to 100 cm long in size 6.5 mm / #10.5 US. (or size to obtain gauge)

- Circular knitting needle 16” to 20” / 40 to 50 cm long in size 6.5 mm / #10.5 US. (or size to obtain gauge)

- Circular knitting needle 32" to 40" / 80 to 100 cm long in size 5.5 mm / #9 US
- Circular knitting needle 16" to 20" / 40 to 50 cm long in size 5.5 mm / #9 US
- Double-pointed needles in size 5.5 mm / #9 US
- Stitch holders or waste yarn, stitch markers, tapestry needle.

Abbreviations

K: Knit **P:** Purl
RS: Right Side **WS:** Wrong Side
St/Sts: stitch/stitches
k2tog: knit 2 sts together

Special Techniques

1LLI - Left Lifted Increase

Using the left needle, pick up the left leg of the stitch located two rows below the live stitch on the right needle. Knit through the back loop of the picked up strand on the left needle.

Video reference for 1LLI:

<https://www.youtube.com/watch?v=Y1BEw58MfIk>

1RLI - Right Lifted Increase

The right lifted increase is made by knitting into the stitch below the live stitch on the left needle. Insert the right needle into the right leg of the stitch below the first stitch on the left needle. Place the strand onto the left needle and knit it as if it was a normal stitch, then knit the first stitch on the left needle.

Video reference for the 1RLI:

<https://www.youtube.com/watch?v=B2izT0zcHjw>

Latvian Braid Cast On

Video reference:

https://www.youtube.com/watch?v=mME_ffFvPZ

Tubular Bind Off

Video reference:

<https://www.youtube.com/watch?v=2c94VA0oxdo>

INSTRUCTIONS

Please read before starting the pattern.

- This sweater is worked from the top down starting with the upper back worked back and forth in short rows to shape the shoulders. The German short row method is recommended. The upper back continues down to the underarms, then the stitches are placed on hold.

- Each front shoulder begins by picking up stitches from the back shoulder and is worked back and forth in rows to shape the neckline. The left and right shoulders are joined at the base of the front neck, and the upper front continues down to the underarms.

- The front and back stitches are joined for working the lower body in the round down to the lower edge.

- To work the sleeves, stitches are picked up from around the armhole openings and worked in the round from the top down, with no decreases until just above the ribbed cuff.

IMPORTANT

The way the two strands of yarn are managed when knitting the color work patterns is crucial.

When changing colors, always exchange the yarns in the same way: either by taking the new strand over the old strand, or by taking the new strand under the old strand. Whichever you choose, maintain the same method throughout the entire project to create a uniform and neat texture.

When working the upper body back and forth in rows, always work the 2 stitches at each armhole edge using the same color. Pick up the sleeve stitches in between these 2 edge stitches.

UPPER BACK

Using color A and longer 6.5 mm / #10.5 US circular needle, cast on 103 (111, 115, 127, 135, 143, 151, 159) sts. Break yarn.

Slip the first 36 (36, 40, 44, 48, 52, 56, 60) sts from the left to the right needle without working them.

Join color A to the sts on left needle and purl center 31 (35, 35, 39, 39, 39, 39, 39) sts. You have 36 (36, 40, 44, 48, 52, 56, 60) unworked shoulder sts on each side of the center purled sts. Turn.

Join color B with RS facing, and work the Body Color Work chart in St st as follows:

Next row (RS; Row 1 of chart): K St #2 of chart once, then work the 2-st chart repeat [Stitch #1, Stitch #2] 19 (20, 20, 20, 21, 21, 21, 22) times. You have worked 35 (39, 39, 43, 43, 43, 43, 43) sts and there are 32 (32, 36, 40, 44, 48, 52, 56) sts remaining unworked on left needle. Turn.

Next row (WS; Row 2 of chart): P Row 2 of color work pattern as established until there are 32 (32, 36, 40, 44, 48, 52, 56) sts remaining on left needle. Turn.

Continue working short rows in the established color work pattern as follows:

Row 1 (RS): K to 4 sts after the last turn, turn.

Row 2 (WS): P to 4 sts after the last turn, turn.

Repeat these last 2 rows 7 (7, 8, 9, 10, 11, 12, 13) more times. All stitches have been worked after the last row.

The short rows have been completed, and the upper back measures 3.75 (3.75, 4.25, 4.5, 5, 5.25, 5.75, 6)" / 9.5 (9.5, 10.5, 11.5, 12.5, 13.5, 14.5, 15.5) cm from cast on in center.

Continue working in pattern across all sts, and work 2 more rows, remembering to work the first and last 2 sts of each row using the same color.

ONLY FOR SIZES _ (2, 3, 4, 5, 6, 7, 8)

Row 1 (RS; increases): K2, 1LLI, K in color work pattern to last 2 sts, 1RLI, k2. You have increased 2 sts.

Row 2 (WS): P in color work pattern.

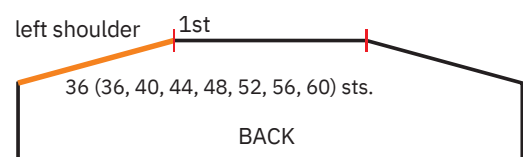
Working new sts into established pattern, repeat these last 2 rows _ (1, 1, 1, 1, 3, 3, 3) more time(s). You now have 103 (111, 119, 131, 139, 151, 159, 167) sts. The 2 sts at each edge should both be in the color of Stitch #1 of the chart.

Continue working in color work pattern as established until the piece measures approx. 7.75 (8.25, 8.5, 8.75, 9, 9.5, 9.75, 10.25)" / 20 (21, 21.5, 22, 23, 24, 25, 26) cm from cast on in center and approx. 4 (4.5, 4.25, 4.25, 4, 4.25, 4, 4.25)" / 10.5 (11.5, 11, 10.5, 10.5, 10.5, 10.5, 10.5) cm along armhole edge at each side, ending with a WS row.

Break the yarns and place the sts on stitch holder or waste yarn.

LEFT FRONT SHOULDER

Using color A and shorter 6.5 mm / #10.5 US circular needle, with RS of back facing you, pick up and knit 1 st from back neckline and then 36 (36, 40, 44, 48, 52, 56, 60) sts along the left back shoulder (see diagram). You now have 37 (37, 41, 45, 49, 53, 57, 61) sts.



Join color B with WS facing, and work the Body Color Work chart in St st as follows:

Row 1 (WS): P Stitch #2 of chart once, work the 2-st chart repeat [Stitch #2, Stitch #1] 18 (18, 20, 22, 24, 26, 28, 30) times.

Row 2 (RS): Work the 2-st chart repeat [Stitch #1, Stitch #2] to last st, K Stitch #2 once. You have 2 sts in the same color at the armhole edge (end of RS rows; beginning of WS rows).

Repeat these 2 rows 3 (3, 3, 2, 2, 2, 2, 2) more times, then work Row 1 once more, ending with a WS row. You have completed 9 (9, 9, 7, 7, 7, 7, 7) rows in pattern.

Neck Increases

Keeping 2 sts at armhole edge in same color as established, begin neck shaping.

Row 1 (RS): K2, 1LLI, k in color pattern to end.

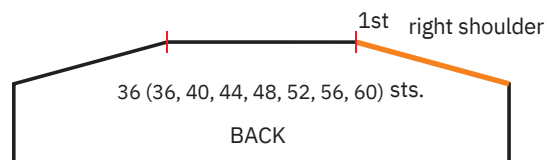
Row 2 (WS): P in color work pattern to end.

Repeat these two row 5 (5, 5, 7, 7, 7, 9, 9) more times, working new sts into the established color work pattern. You now have 43 (43, 47, 53, 57, 62, 67, 71) sts.

Break the yarns and let the sts rest on the 6.5mm circular needle while the right shoulder is being worked.

RIGHT FRONT SHOULDER

Using color A and longer 6.5 mm circular needles, with RS of back facing you, pick up and knit 36 (36, 40, 44, 48, 52, 56, 60) sts along the right back shoulder and then 1 st from back neckline (see diagram). You now have 37 (37, 41, 45, 49, 53, 57, 61) sts.



Join color B with WS facing, and work the Body Color Work chart in St st as follows:

Row 1 (WS): P Stitch #1 of chart once, work the 2-st chart repeat [Stitch #2, Stitch #1] to last 2 sts, p 2 sts in the color of Stitch #2.

Row 2 (RS): K 2 sts in the color of Stitch #2, work the 2-st chart repeat [Stitch #1, Stitch #2] to last st, k Stitch #1 of chart once. You have 2 sts in the same color at the armhole edge (beginning of RS rows; end of WS rows).

Repeat these 2 rows 3 (3, 3, 2, 2, 2, 2, 2) more times, then work Row 1 once more, ending with a WS row. You have completed 9 (9, 9, 7, 7, 7, 7, 7) rows in pattern.

Neck Increases

Keeping 2 sts at armhole edge in same color as established, begin neck shaping.

Row 1 (RS): K in color work pattern to last 2 sts, 1RLI, k2.

Row 2 (WS): P in color work pattern to the end.

Repeat these two rows 5 (5, 5, 7, 7, 7, 9, 9) more times, working new sts into the established color work pattern. You now have 43 (43, 47, 53, 57, 62, 67, 71) sts.

Leave sts on the needle, and do not break the yarns.

UPPER FRONT

We will join the right and left shoulders to work the upper front. Continue to work the 2 sts at each armhole edge as established.

Next row (RS): Using longer circular needles holding right shoulder sts, work in pattern across 43 (43, 47, 53, 57, 62, 67, 71) right shoulder sts, use the Latvian Braid two-color method to cast on 17 (25, 25, 25, 25, 29, 25, 25) sts across center front, then work 43 (43, 47, 53, 57, 62, 67, 71) left front sts from shorter circular needles.

You now have 103 (111, 119, 131, 139, 151, 159, 167) sts on the longer needles. The 2 sts at each edge should both be in the color of Stitch #2 of the chart.

Continue working in color work pattern as established until the shoulders and upper front measure approx. 7.75 (8.25, 8.5, 8.75, 9, 9.5, 9.75, 10.25)" / 20 (21, 21.5, 22, 23, 24, 25, 26) cm from the shoulder pickup, ending with a WS row.

Leave sts on the needle, and do not break the yarn.

LOWER BODY

We will join the front and the back for working the lower body in the round.

Place 103 (111, 119, 131, 139, 151, 159, 167) sts of upper back on an empty circular needle.

Next round: Using longer circular needle holding upper front sts, k the first st using the opposite pattern color, k in pattern to last st, k the last front st using the opposite pattern color; use the Latvian Braid two-color method to cast on 4 (4, 4, 4, 6, 6, 6, 6) sts; k the first st of the upper back using the opposite pattern color, k in pattern to last st, k the last back st using the opposite pattern color; use the Latvian Braid two-color method to cast on 4 (4, 4, 4, 6, 6, 6, 6) sts.

You now have 214 (230, 246, 270, 290, 314, 330, 346) sts on the longer circular needle.

Join in the round and place a marker for the beginning of the round.



Continue working the color work pattern until the entire piece measures approx. 15 (15, 15.5, 16.25, 16.75, 17.5, 18, 19.25)" / 37.5 (37.5, 39, 40.5, 42, 43.5, 45, 48) cm from the center of the back neck cast on, or 1.75" / 4 cm less than desired total length, and ending with Row 3, 6, 9, 12, 15, 18, 21, 24, 27 or 30 of color work pattern.

Change to longer 5.5 mm / #9 US circular needles and work 10 rounds in 1x1 rib (k1, p1), working 2 rounds in each color in the following order: color A, color D, color B, color C, color E.

Bind off with color E, using the tubular bind off method.

The piece measures approx. 16.75 (16.75, 17.25, 18, 18.5, 19.25, 19.75, 21)" / 42.5 (42.5, 44, 46, 47, 49, 50, 53.5) cm from the center of the back neck cast on.

SLEEVES

(make two)

Using color A and shorter 6.5 mm / #10.5 US circular needle, with RS facing and starting at the bottom of the armhole pick up and knit a total of 74 (78, 82, 84, 86, 88, 90, 92) sts around the armhole opening. Pick up in between the 2 sts of the same color along the armhole edges.

Join in the round and place a marker for the beginning of the round.

Join color C with RS facing, and work the Sleeve Color Work chart in St st in the round until the sleeve measures 15 (15, 15, 14.5, 14.5, 14, 14, 13.5)" / 38 (38, 38, 37, 37, 36, 36, 34.5) cm, or 1.5" / 4 cm less than desired total length, and ending with Row 3, 6, 9, 12, 15, 18, 21, 24, 27, or 30 of chart.

The larger sizes have wider upper bodies, so their sleeves are shorter to prevent the overall cuff-to-cuff measurement from becoming too wide.

Change to color A and size 5.5 mm / #9 US double-pointed needles.

Next round (decreases): [K1, k2tog] repeat to last (0, 4, 0, 2, 4, 0, 2) sts, k to end.

You now have 50 (52, 56, 56, 58, 60, 60, 62) sts.

Work 8 rounds in 1x1 rib (k1, p1), working 2 rounds in each color in the following order: color A, color B, color C, color A.

Bind off with color A, using a tubular bind off method.

Sleeve measures approx. 16.5 (16.5, 16.5, 16, 16, 15.5, 15.5, 15)" / 42 (42, 42, 41, 41, 40, 40, 38) cm from pickup, or your desired length.

NECK RIB

Using color A and shorter 5.5 mm / #9 US circular needle, with RS facing you and starting at the left shoulder, pick up and knit 29 (33, 33, 37, 37, 37, 37, 37) sts across back neck, 23 (23, 23, 25, 25, 25, 29, 29) sts along left front, 17 (25, 25, 25, 25, 29, 25, 25) sts across center front, and 23 (23, 23, 25, 25, 25, 29, 29) sts along right front.

You now have 92 (104, 104, 112, 112, 116, 120, 120) sts.

Join in the round and place a marker for the beginning of the round.

Work 6 rounds in 1x1 rib (k1, p1), working 2 rounds in each color in the following order: color A, color D, color B.

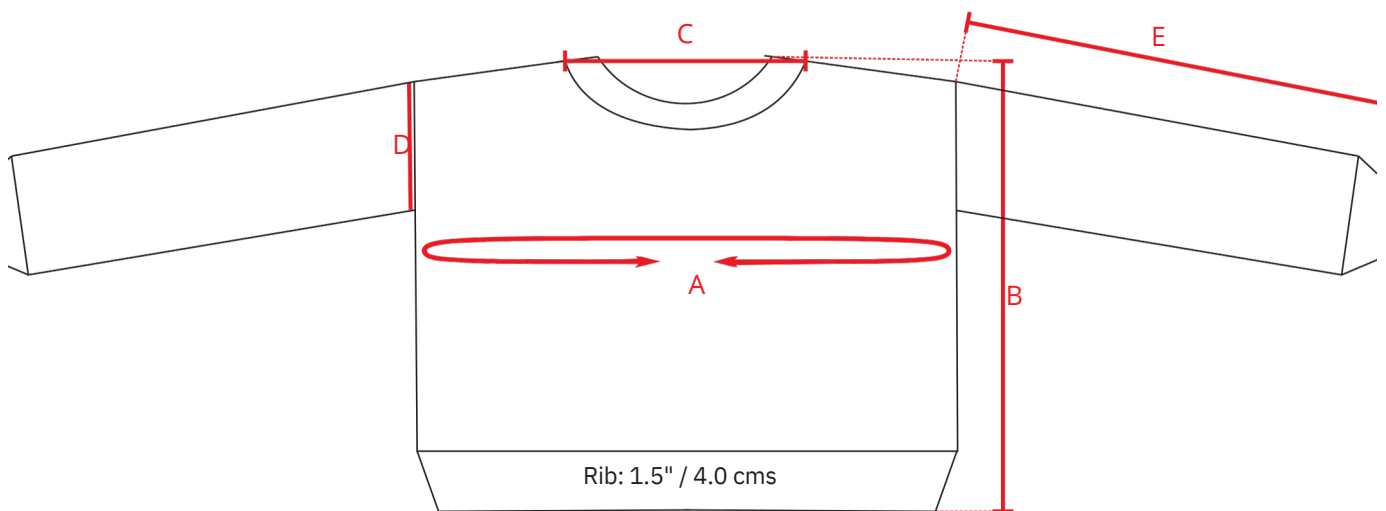
Work one more round in 1x1 rib with color C and bind off using a tubular bind off method.

FINISHING

Weave in all ends.

Steam- or wet-block the piece to finished measurements.

MEASURES



A - Bust circumference

42.75 (46, 49.25, 54, 58, 62.75, 66, 69.25)" / 108.5 (117, 125, 137, 147.5, 160.5, 167.5, 176) cm.

B - Total length

16.75 (16.75, 17.25, 18, 18.5, 19.25, 19.75, 21)" / 42.5 (42.5, 44, 46, 47, 49, 50, 53.5) cm.

C- Neck width (without rib)

6.25 (7, 7, 7.75, 7.75, 7.75, 7.75, 7.75)" / 16 (18, 18, 20, 20, 20, 20, 20) cm

D - Upper arm circumference

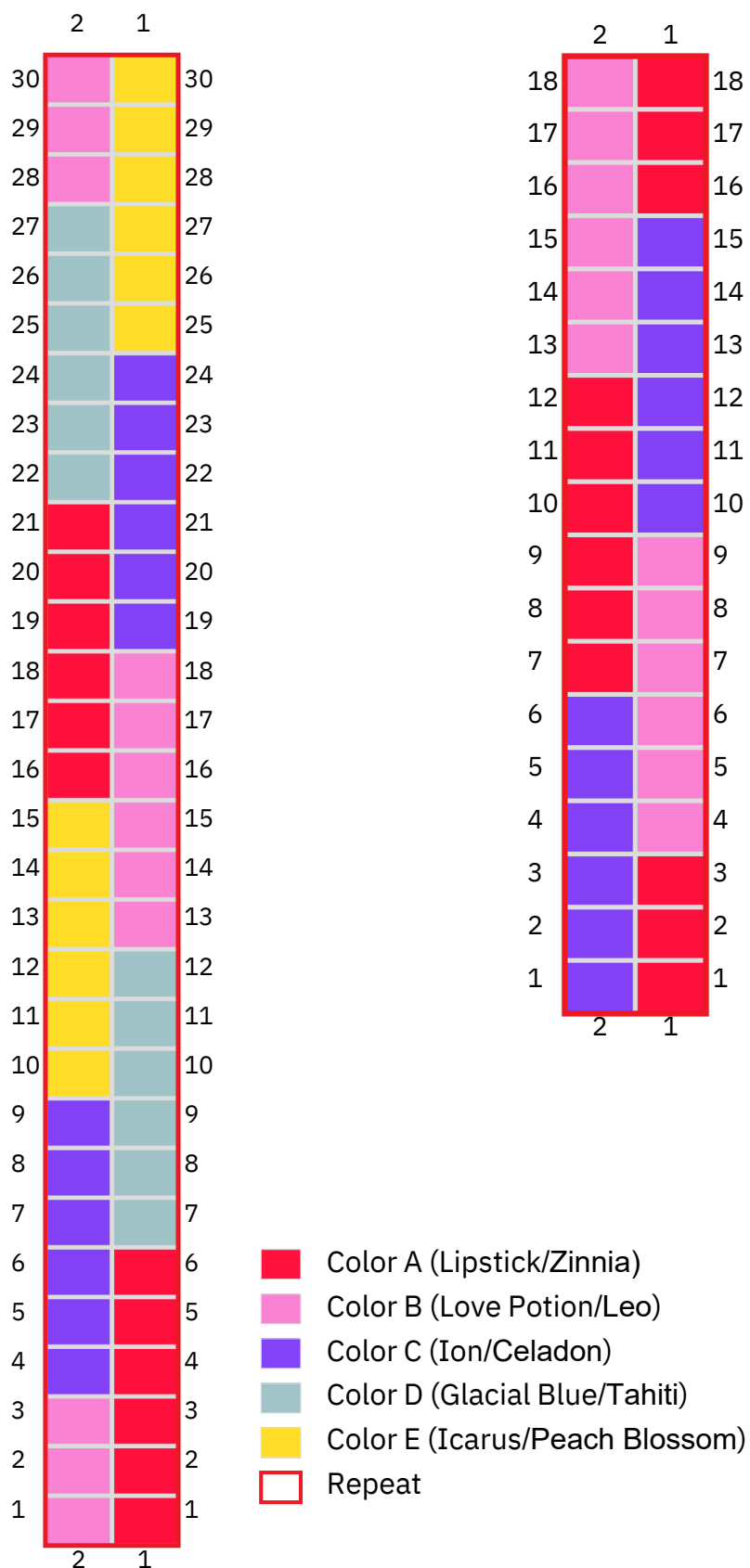
14.75 (15.5, 16.5, 16.75, 17.25, 17.5, 18, 18.5)" / 37.5 (39.5, 42, 42.5, 44, 45, 46, 47) cm

E - Sleeve length:

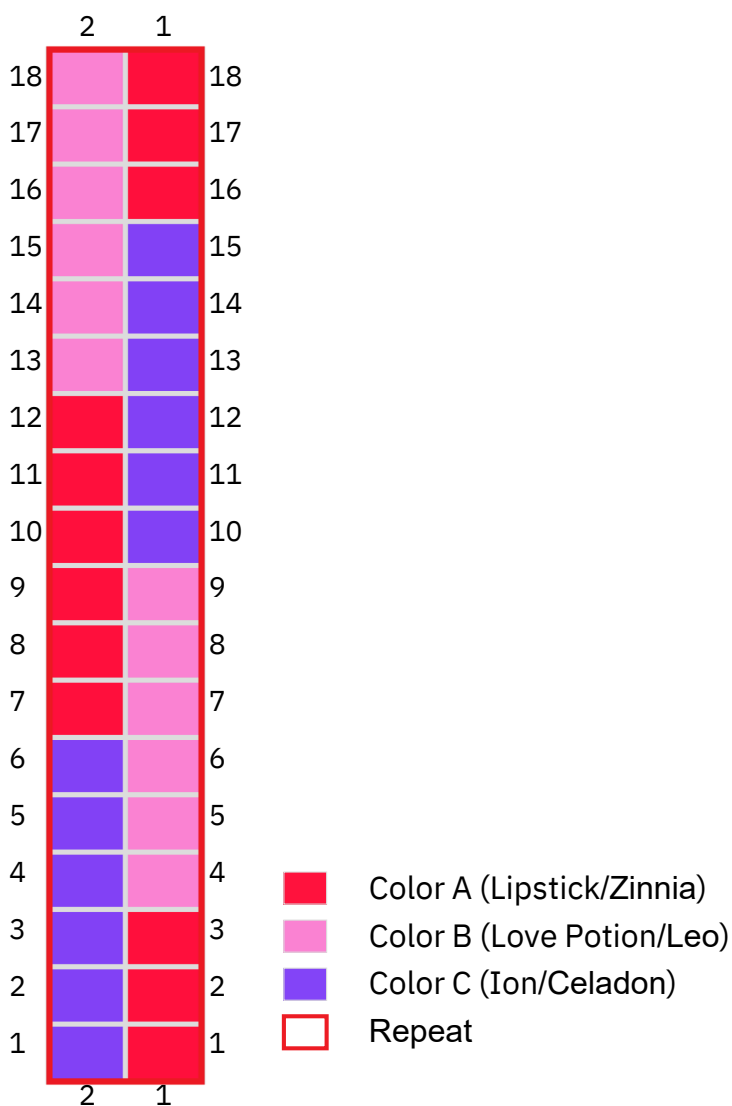
16.5 (16.5, 16.5, 16, 16, 15.5, 15.5, 15)" / 42 (42, 42, 41, 41, 40, 40, 38) cm

COLOR WORK CHARTS

Body color work chart



Sleeve color work chart





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